MEALS for the BREAK
Winter | Spring | Summer
NUTRITION MATTERS

sponsored by

KID FRIENDLY FOOD DRIVE IDEAS

- Tuna Fish
- Granola Bars
- Applesauce
- Dried Fruit
- Low Sugar Cereal
- Peanut Butter
- Trail Mix
- Graham Crackers
- Juice Boxes
- Whole Grain Crackers
- Jelly
- Raisins
- Baked Beans
- Noodle Soup
- Canned Meals for Kids